

Nuclear Medicine Thyroid Uptake & Scan

Bring any recent thyroid blood work or have your doctor's office fax it to the office where your appointment has been scheduled. Voorhees fax# (856) 751-9676 / Turnersville fax# (856) 227-8537

If you must cancel or reschedule your appointment, please call us at least 24 hours prior to your appointment time.

****PLEASE DO NOT EAT OR DRINK ANYTHING ONE (1) HOUR PRIOR TO YOUR APPOINTMENT TIME****

THE FOLLOWING MEDICATIONS WILL AFFECT YOUR THYROID UPTAKE

<u>MAJOR GROUPS WITH EXAMPLES</u>	<u>RECOMMENDED TIME TO STOP FOR VALID</u>
<u>UPTAKE</u>	
• RADIOGRAPHIC CONTRAST (e.g. CT dye)	6
WEEKS	
• THYROID MEDICATIONS	
○ THYROID HORMONE-SYNTHROID (LEVOXYL, LEVOTHYROXINE).....	6
WEEKS	
○ AMOUR THYROID.....	4
WEEKS	
○ CYTOMEL.....	2
WEEKS	
• ANTI-THYROID DRUGS	5 DAYS
○ PTU (PROPYLTHIURACIL)	
○ TAPAZOLE (METHIMAZOLE)	
○ PERCHLORATE	
• TOPICAL IODINE COMPOUNDS	4
WEEKS	
• ORAL IODIDES & MEDICATION CONTAINING IODINE	4
WEEKS	
○ LUGOL'S SOLUTION	
○ POTASSIUM IODIDE	
○ KELP	
○ ANTI-PARASITIC DRUGS-IODOCHLORHYDROQUIN	
○ AMIODARONE HYDROCHLORIDE	
• MULTI-VITAMINS ONLY / FISH OIL SUPPLEMENTS	1
WEEK	
○ INCLUDES <u>ALL</u> NUTRITION DRINKS AND/OR SHAKES	
• OTHER MEDICATIONS	1
WEEK	
○ ANTIHISTAMINES	
○ COUGH & COLD MEDICATIONS	
○ BUTAZOLIDIN	
○ ACTH & CORTICOSTEROIDS	
○ SULFONAMIDES	
• SEAFOOD (Any Type)	3
DAYS	

*****BEFORE STOPPING ANY MEDICATION PLEASE CHECK WITH YOUR PHYSICIAN*****

If you have any questions or concerns, please contact SJRA scheduling department at (888) 909-7572 option 1, Monday – Friday 8am – 4:30pm