

MRI Prostate

Please arrive **30 minutes prior** to your appointment time.

To prepare for your exam, you will need to purchase the following over the counter medications from your local pharmacy:

- **Fleet Enema (1)**
- **Gas X Tablets (Two (2))**

The DAY BEFORE your appointment:

- Eat a light diet. Avoid heavy foods such as heavy pasta or steak, or highly spiced foods that can cause digestive disturbances.

The NIGHT BEFORE your appointment:

- Take one (1) Gas X tablet

The DAY OF your appointment:

- Take one (1) Gas X tablet the morning of your exam
- Use the Fleet enema TWO hours prior to your exam
- Do NOT eat or drink anything else three (3) hours before your appointment